



FREE KICKS NEAR TO THE PENALTY AREAS

CARD #4

- 1 Identify the **offence** and make sure of its **location**.
- 2 Identify the **type** of offence with a good whistle blast and the correct **arm signal**.
- 3 Move in, take **control** and remain **calm** and **confident**.
- 4 Consider is this a **direct** or **in direct** free kick.
- 5 **Position** of the ball.
- 6 **Communicate** to the taker that the free kick is to be taken on the whistle – hold whistle aloft.
- 7 Ensure **opponents** are **9.15 metres** from the ball.
- 8 Remind defending players **not** to **encroach** before the ball is kicked.
- 9 **Position** yourself before **restarting** play with a blast of the whistle.
- 10 Observe the **outcome**.



Get into Refereeing

