

# HANDBALL



## CARD #10

- 1 Remember for an **offence** of handball to be committed it has to be **deliberate**.
- 2 **Where** on the field of play has this occurred will determine how you **restart** play?
- 3 In general terms look for a **movement** of the hand towards the ball or players extending their arms in order to block the balls path.
- 4 Consider the **proximity** of the player to the ball. The closer the player the more difficult the decision.
- 5 Is this a case of a player protecting themselves or is the player **unable to move** their hand or arm away from the ball.
- 6 Where are you and how **close** are you to play.
- 7 Do you have a good open view of the **situation** which is **unobstructed**?
- 8 Give yourself a moment to **analyse** what has happened and then make your **decision**.
- 9 If the act is deliberate **stop** play with a good blast of the whistle, move into the **situation** and **take** control.
- 10 Has the offending player **prevented** his **opponents** developing a promising **attack**? If so you must **caution** for **unsporting behaviour**.



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