

# SECTION THREE

## Learning Journal



# Guidance On The Use Of The Learning Journal

## Purpose

In order to get the better in any discipline in life it's important to reflect constantly. Simply asking yourself what happened and why it happened creates an opportunity to learn. In refereeing self evaluation is important if you wish to progress. Every game you referee or officiate in offers you an opportunity to learn, make sure you use the opportunity wisely.

Development can occur during formal learning but more often it's through what is called Tacit Learning, learning on the job or doing something. The Learning Journal helps transfer the learning in the classroom and on the field of play into the workplace. It is designed to make you think about your experiences and identify the benefits of what you have seen, heard and done. It also provides you with a record of your development.

The Learning Journal needs to be completed and kept as it will form the basis of your assessment during and after over the period of your Development Programme.

So your task is simple. After every match, training session or listening to a presentation, just give yourself a few moments to think about what you have experienced. Then complete your learning logs. You will be amazed at how much you will gain from the process of reflective practice.

Another important task as you complete your learning log is to collect copies of notes, presentations or anything that will be of use to you in refereeing. Examples include:

- Articles in the Media
- PowerPoint presentation notes
- Articles in magazines, papers etc

# My Own Profile

Knowledge	Attributes
Skills	Experience

## RA – FA Incentive Scheme

The RA-FA Incentive Scheme (formerly known as the FAMOA Incentive Scheme) is free to join and is operated by The FA to encourage referees and the referee 'support family' of tutors, mentors, assessors and coaches to be more active within their roles. The scheme is only available to full members of The Referees' Association.

As referees the scheme encourages greater activity as referee, neutral assistant referee or fourth official. In addition it encourages referees and other members to attend in service training and to support the recruitment and support of other referees.

Members of the scheme are asked to complete a logbook of activity each season (starting 1st August) and to return that between April and the end of July. For each game, meeting and so on, they receive points for which they are able to exchange for referees' kit, equipment and other items from various suppliers including A&H International, Umbro and, of course, the Referees' Association.

The scheme had over 13000 members last season and continues to reward people for their efforts in refereeing and in supporting refereeing. If you are interested in joining the scheme please email [RA-FA@TheFA.com](mailto:RA-FA@TheFA.com) confirming your name, address and FAN number.

# Transfer Learning

Session	
<b>Describe</b> What was said and/or done?	
<b>Reflect</b> What was useful or interesting to you?	
<b>Speculate</b> How might you use this in refereeing?	

# Match Assessment Form

Name		
Match		
Date		
Ground and Weather Conditions		
Did you feel comfortable & confident in all that you did during this match?	Yes / No	
Were you able to use management techniques to aid your match control?	Yes / No	
Were you consistent in your application of law?	Yes / No	
Was your performance to your satisfaction or could you have done better?	Yes / No	
Was your fitness to the standard required for this match?	Yes / No	
Did you identify and deal with all major incidents?	Yes / No	
Now document the three things that worked well for you during this game as your strengths. Also identify those areas of your performance that you need to work on (maximum of three) and list them as a development area.		
<b>Strengths</b>	<b>Development Areas</b>	
1	1	
2	2	
3	3	

# Match Analysis Form

The ability to watch football matches, either live, on the television or through the internet, offers the opportunity to learn from incidents that occur during the games. Part of your development is to observe, analyse and decide on what has happened.

During the course of this programme you will be asked to review a number of match incidents. At the conclusion of this programme we will assess, using the evidence provided, your ability to clearly and accurately analyse different match incidents.

We would ask you to consider recording your thoughts using the following questions as a guide:

Who was responsible and why?	
What management skills were used to control the incident?	
What would you have done differently?	
What learning points can you take from this incident and put into your game plan?	